



Deadline for  
registration is  
October 7, 2015

Please send your  
completed registration to:

**Shirley McGuire**  
**FEEL Coordinator**  
**3031 Louise Street**  
**Saskatoon SK S7J 3L1**

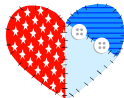


“We are not a high profile group but our purpose is life changing . Our hearts are full of gratitude for the generosity of our funders and facilitators.”

**Michele Rowe**

“The sharing and understanding was helpful to see that I am not alone in my grief; other parents have travelled this road before me and continue to do so. I admire these parents for their strength and fortitude.”

**Cynthia Hack**



## Facilitators' Bios

**Dr. Elisabeth Scheepers** has over sixteen years experience in counselling and psychology related areas. She has a Master's in Counselling Psychology and a Ph.D. with a focus on Clinical and Research Psychology. Her dissertation was on the use of feedback measurements which ensure that therapy is helpful to clients.

Elisabeth studied in-depth trauma and grief and continues to learn from the families she works with. Elisabeth has been involved with FEEL for many years. She feels honoured to be invited to the group of parents who have a wealth of knowledge and who never hesitate to assist a family going through the journey of pain they are so familiar with. What makes FEEL special is that the families share a unique experience no other family really understands. Although grieving is and remains a heavy burden to carry, the group has found ways to share beautiful and often funny anecdotes of the life of their child, sibling or grandchild who has given us all so much.

**Stephan Bower**, his wife, Hettie and his daughter moved to Regina 11 years ago (after emigrating from South Africa). Stephan has a Master of Arts in Practical Theology, Pastoral Counselling & Therapy. He has experience in Grief Counselling; Marriage & Family Counselling; Developmental Psychology and Youth work. He successfully ministered to three different church congregations in South Africa.

After spending a couple years driving a tour bus and meeting interesting people and places, he is returning to his love and previous profession by starting his own counselling practice. Stephan's areas of focus will be marriage, family, grief and personal therapy.

Although Stephan is an enthusiastic Riders fan, Elisabeth admits to not knowing much about the Riders but, being originally Dutch, is of course a soccer fan!



*Please join us for  
our 10th  
Anniversary Grief  
Workshop*

**October 23—25**

**2015**

**Manitou Springs Hotel**

**Watrous**

Coordinated by FEEL with financial support gratefully received from the Saskatchewan Association for Community Living

**FEEL** is a provincial network of families who gather to share their sorrow, remembrances and love for their family member with a disability who has died.

We first gathered together in 2005. Through the sharing of our common experiences around the death of our family members, we developed friendships and formed a community of mutual support and information sharing.

We would like to invite you to share in this grief journey.

### What will the weekend look like?

- ♥ Friday, October 23, 7:30 p.m.  
Register, share stories and socialize over refreshments
- ♥ Saturday, October 24, 10:00 a.m.  
Individual, small group and large group activities during the day followed by dinner and socialization
- ♥ Sunday, October 25, 10:00 a.m.  
Closing sessions
- ♥ A more detailed agenda will be available upon registration
- ♥ The workshop will conclude around 2:00 p.m. on Sunday



### Do we bring our other children?

- ♥ ABSOLUTELY!!
- ♥ There will be some sessions in which they can participate if they wish to do so
- ♥ Child care will be available when the parents are involved in their own sessions

### Who will facilitate the workshop?

- ♥ Elisabeth Scheepers, an experienced grief counsellor who has facilitated eight previous workshops and Stephan Bouwer, a student of Elisabeth's who is currently writing his professional counselling examination (bios on the back)

### What do I bring?

- ♥ Pictures and other memorabilia of your family member with a disability who died
- ♥ A snack to share with the group on Friday evening (bring something your loved one enjoyed)
- ♥ Bring your swimming suits for a soak in the mineral spa

### Cost?

The cost is \$60/person, \$110/couple or \$130/family. This registration fee covers:

- ♥ The cost of the hotel if needed
- ♥ The cost of the meeting rooms
- ♥ Saturday lunch and dinner and Sunday lunch
- ♥ Child care, if required, during the sessions
- ♥ Assistance with travel if required (**please save your gas receipts**)
- ♥ **Please call if the cost is a problem**

### Please note:

The hotel provides a complimentary breakfast

### More information? Please contact:

Shirley McGuire, Workshop Coordinator  
(306) 244-5125  
shirley.mcguire@exceptionalloss.com

**\*Participants are invited to request topics of interest to be discussed during the workshop\***

## Registration Form (Deadline to register is October 7, 2015)

**Yes, I (we) would like to attend:**

**Name(s) of those attending:**

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**Phone:** \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

**I (we) will require a room (we will do the booking for you):**

**October 23:** Yes \_\_\_\_\_ No \_\_\_\_\_

**October 24:** Yes \_\_\_\_\_ No \_\_\_\_\_

**Smoking** \_\_\_\_\_ **Non-smoking** \_\_\_\_\_

**I (we) will require childcare during the necessary sessions on Saturday and Sunday:**

**Yes** \_\_\_\_\_ **No** \_\_\_\_\_

**If yes, name(s) and age(s) of child(ren):**

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**Any allergies or dietary restrictions? Please specify and we will do our best to accommodate meals for everyone:**

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**I (we) have included my (our) registration fee (payable to Families Experiencing Exceptional Loss):**

**\$60/person\_\_ \$110/couple\_\_ \$130/family\_\_**